

Amendments to the Specification:

Please replace the Title section with the following amended Title section:

DESCRIPTION

~~OPTICAL DATA RECORDING METHOD~~

TITLE OF THE INVENTION

Optical Data Recording Method

CROSS-REFERENCE TO RELATED APPLICATIONS

This application is a Section 371 of International Application No. PCT/JP2003/013011, filed October 9, 2003, which was published in the English language on April 22, 2004, under Internation Publication No. WO 2004/034386 A1, the disclosure of which is incorporated herein by reference.